# BIJJEHERON 2022-2023 SEASON

SCOTT METCALFE. ARTISTIC DIRECTOR

# Songs & Dances for



Isabella

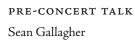
April 29, 2023



#### **BLUE HERON**

Anna Danilevskaia, vihuela de arco Jason McStoots, tenor Scott Metcalfe, fiddle & harp Sophie Michaux, mezzo-soprano Debra Nagy, recorder, douçaine & voice Emma-Lisa Roux, lute & soprano

This program is a co-production between Les Délices (Debra Nagy, Artistic Director) and Blue Heron.





# Songs & Dances for Isabella

SATURDAY, APRIL 29, 2023 | FIRST CHURCH IN CAMBRIDGE, CONGREGATIONAL

#### CONTEMPLATION

Johannes Okeghem (c. 1420-1497) Prenez sur moi vostre exemple amoureux

Heinrich Isaac (c. 1450-1517) La mi la sol

Josquin Dascanio (= Josquin Desprez?) In te domine speravi

#### SPREZZATURA

Josquin Desprez (c. 1455-1521) La Bernardina Jacob Obrecht (1457/8-1505) Fuga Bartolomeo Tromboncino (1470 - after 1534) Ostinato vo seguire

#### PATRONAGE

Vincenzo Capirola (1474 - after 1548) Ricercar otavo Marchetto Cara (c. 1465-1525) Per dolor me bagno il viso

#### LOVE & POLITICS

Antoine Busnoys (c. 1430-1492) En soustenant vostre querelle

Busnoys Le monde est tel pour le present

Anonymous Dulces exuvie

Tromboncino Ala guerra

#### PRIVATE PLEASURES

Okeghem D'ung aultre amer Johannes Tinctoris (c. 1430-1511) D'ung aultre amer Anonymous La Spagna Guglielmo Ebreo da Pesaro (c. 1420 - after 1484) Falla con misuras (La bassa castiglia)

#### CELEBRATION

Alessandro Mantovano (fl. early 16th century) Chi se pasce di speranza

Anonymous, arr. Nagy Gelosia - Gracioso

Anonymous Ala cazza

### Texts & translations

#### Prenez sur moi vostre exemple amoureux :

Commencement d'amours est savoureux Et le moyen plain de paine et tristesse, Et la fin est d'avoir plaisant maistresse, Mais au saillir sont les pas dangereux.

Servant d'Amours, me suis trouvé eureux L'une des foiz, et l'autre malleureux, Ung jour sentant confort, l'autre destresse.

Prenez sur moi vostre exemple amoureux : Commencement d'amours est savoureux Et le moyen plain de paine et tristesse.

Pour ung plaisir cent pansers ennuieux, Pour ung soulas cent dangiers perilleux, Pour ung accueil cent regars par rudesse : S'Amours sert doncques de telz mets a largesse, Et les loiaux fait les plus doloureux,

Prenez sur moi vostre exemple amoureux ...

**In te Domine speravi** Per trovar pietà in eterno, Ma in un tristo e oscuro inferno Fui et frustra laboravi. *In te Domine speravi.* 

Rotto e al vento ogni speranza, Veggio il ciel voltarmi in pianto; Suspir, lachrime me avanza Del mio tristo sperar tanto. Fui ferito, se non quanto Tribulando ad te clamavi: *In te Domine speravi.* 

Lo cecato voler mio Per sin qui m'ha fatto muto, Et hor poco al dolor mio Per mio dir vien proveduto. Deh, Signor, porgime adiuto, Quia de me iam desperavi: In te Domine speravi. Take from me your amorous example: the beginning of love is savory and the middle full of pain and sorrow; the end is having a pleasant mistress, but on the way out the steps are dangerous.

As a servant of Love, I found myself happy one moment and unhappy the next, one day feeling comfort, the next distress.

Take from me your amorous example: the beginning of love is savory and the middle full of pain and sorrow.

For every pleasure a hundred painful thoughts, for every solace a hundred perilous dangers, for every welcome a hundred harsh glances: if Love serves up such dishes so liberally and makes the loyal the most woeful,

Take from me your amorous example ...

In thee, O Lord, have I put my hope to find eternal mercy; but I have been in a dark and miserable hell and have labored in vain. *In thee, O Lord, have I put my hope.* 

Broken, all hope cast to the winds, I see the heavens plunge me into sorrow; sighs and tears are all that remain of my great, unhappy hopes. I was struck down, except that in my trouble I called out to thee: In thee, O Lord, have I put my hope.

My blind will until now has kept me mute, and now my words have done little to ease my pain. Ah, Lord, grant me aid, for I have despaired for myself: *In thee, O Lord, have I put my hope.* 

#### Ostinato vo seguire

La magnanima mia impresa. Fame, Amor, qual voi offesa, S'io dovesse ben morire Ostinato vo seguire La magnanima mia impresa.

Fame Ciel, fame Fortuna Bene o mal come a te piace, Ne piacer ne ingiuria alcuna Puo avilirmi o far piu audace, Che de l'un non son capace, L'altro più non po fugire. Ostinato vo seguire La magnanima mia impresa.

Vinca o perda io non attendo De mia impresa altro che honore. Sopra il ciel beato ascendo S'io ne resto vincitore; S'io la perdo al fin gran core Mostrarà l'alto desire. Ostinato vo seguire La magnanima mia impresa. Resolutely I shall pursue my noble venture. Do me, Love, whatsoever harm: even if I should die *resolutely I shall pursue my noble venture*.

O Heaven, O Fortune, do me good or ill, as you please: neither pleasure nor injury of any kind can dishearten or embolden me, for of the first I am incapable and the other I can no longer escape. *Resolutely I shall pursue my noble venture*.

Win or lose, I expect nothing from my venture but honor. Blessed I shall rise to heaven if I finish victorious; if I lose her in the end, the noble desire shall reveal a great heart. *Resolutely I shall pursue my noble venture.*  **Per dolor me bagno il viso** D'un licor soave tanto, Che piu car' m'è molto il pianto Che ogni gaudio ove escie il riso.

Piango il ben che gia fu bene Ala mia penosa vita, Che con dolci e amare pene A sospir ognhor me'nvita. La memoria che è scolpita Mi sta in cor per contra cambio: Fa che 'l riso in pianto cambio Quando quel che fu me aviso. *Per dolor me bagno il viso ...* 

Fui felice e si felice Quanto ogi altro aventurato, E se dir de piu mi lice, Me trovai in si alto stato Che nullo altro fortunato. Al mi par esser mi cresi, Ma Fortuna in pochi mesi Da un ben tanto m'ha diviso. *Per dolor me bagno il viso*... Out of grief I bathe my face with sweetest nectar, for tears are more dear to me than any joy whence comes laughter.

I weep for the good that once did good for my painful life, for with bitterweet pains it induces me to sigh at every moment. The memory which is engraved on my heart remains there, resisting change: it forces me to exchange smiles for tears whenever I recall that which once was. *Out of grief I bathe my face ...* 

I was happy, as happy as any other lucky man today, and, if I may say more, I found myself in more exalted state than any other fortunate man. It seemed to me that you believed me, but in a few months Fortune divided me from such a treasure. *Out of grief I bathe my face* ... **En soustenant vostre querelle,** Je maintien que vous estes celle, En tous les lieux ou je m'enbas, Qu'il n'y a par tout, hault ne bas, Dame qui soit de vous plus belle.

Ou monde n'a telle damoiselle, Et pource que vous estes telle, Trestous les jours je me combas

En soustenant vostre querelle : Je maintien que vous estes celle, En toulx les lieux ou je m'enbas.

Vostre beauté pas je ne celle, Mais affin qu'il en soit nouvelle A vous fort louer je m'esbas. J'en prendroie mille debatz Pour en mourir de mort cruelle.

En soustenant vostre querelle ...

**Dulces exuvie**, dum fata deusque sinebant, accipite hanc animam meque his exolvite curis. Vixi et quem dederat cursum fortuna peregi et nunc magna mei sub terras ibit imago. Urbem praeclaram statui, mea moenia vidi, ulta virum poenas inimico a fratre recepi: felix, heu nimium felix, si litora tantum nunquam Dardaniae tetigissent nostra carinae.

Aeneid IV: 651-58

In defending your cause I maintain that you are she – in all the places where I find myself – whom no lady anywhere, high nor low, can surpass in beauty.

In all the world there is no such damsel, and since you are such a one, every single day I fight

To defend your cause: I maintain that you are she, in all the places where I find myself.

I make no secret of your beauty, but so that it be known, I delight in praising you highly. I would enter a thousand contests and there die a cruel death

In defending your cause ...

O relics once dear, while Fate and God allowed, take this spirit and release me from my woes! I have lived, I have finished the course that Fortune gave, and now in majesty my shade shall pass beneath the earth. A noble city have I built; I have seen my own walls; avenging my husband, I have punished my brother and foe: happy, ah! too happy, had but the Dardan keels never touched our shores!

#### Ala guerra, ala guerra,

Che amor non vol piu pace, Ma sempre e piu tenace. Ala guerra, ala guerra, Che amor non vol piu pace.

Questa guerra è mortale Per uno ardente strale, Cagion d'ogni mio male Per farme sempre guerra. Ala guerra, ala guerra, Che amor non vol piu pace.

Una a chi servo fede, Che 'l mio dolor non crede, Al fin per mia mercede Mi fa con morte guerra. Ala guerra, ala guerra, Che amor non vol piu pace.

Ma el tutto porto in pace, Per quel che nel cor iace: Aspecta tempo e tace Questa aspra e crudel guerra. Ala guerra, ala guerra, Che amor non vol piu pace. To war, to war, for Love wants no more peace, but is ever more unyielding. *To war, to war, for Love wants no more peace.* 

This war is a mortal one waged with a burning arrow, the cause of all my woes which make constant war on me. *To war, to war, for Love wants no more peace.* 

One whom I serve faithfully, because she does not believe in my pain, in the end, for my reward brings me war with death. *To war, to war, for Love wants no more peace.* 

But I bear it all peacefully for the sake of what lies in my heart: it awaits its time and keeps quiet about this harsh and cruel war. *To war, to war, for Love wants no more peace.* 

#### Chi se pasce di speranza

El stentar gli par un giocho, Po ancho io sto lieto in focho Perch'io vivo di speranza. Chi se pasce di speranza El stentar gli par un giocho.

La speranza è la mia vita, Mia salute e mio conforto. La speranza ognor m'aita Contra Amor a dritto e torto, Tal che forsi harò anchor porto, Per ch'io vivo di speranza Chi se pasce di speranza El stentar gli par un giocho.

La speranza a ogni dolore Fa patir e servar fede, Tal che alfin a grande honore Spesso exalta chi la crede. Però forsi harò mercede, Per ch'io vivo di speranza Chi se pasce di speranza El stentar gli par un giocho. To him who nourishes himself with hope suffering seems like a game, thus I too remain happily in the fire, because I live on hope. To him who nourishes himself with hope suffering seems like a game.

Hope is my life, my health, and my comfort; hope helps me at all times against Love, rightly and wrongly, so that perhaps I may find rest again, because I live on hope. To him who nourishes himself with hope suffering seems like a game.

Hope helps one endure every grief patiently and keep one's word, such that in the end she will often raise up to great honor those who believe in her. For this reason perhaps I will find mercy, because I live on hope. To him who nourishes himself with hope suffering seems like a game.

#### Ala cazza, ala cazza,

Su, su, su, ognon se spazza. A questa nostra cazza Venite volonteri Cum li brachi e levreri: Chi vol venir se spazza, Che l'è tempo d'andare. Sona lo corno, capo di cazza, Su! spazza, spazza.

Te qui Balzan, te qui Lion, Te qui Fasaz, te qui Falcon, Te qui Tristan, te qui Bigon, Te qui Alan, te qui Carbon. Chiama li brachi dal monte, babion! Te qui Pezole, te qui, Spagnolo, Habi bon ochio al capriolo. A te Bigeto, a te Pasalingua. Videla, videla, videla, Al colo, al colo pigliala, Che li cani non la straza. To the hunt, to the hunt! Come on, hurry, everyone! To our hunt come one, come all, with your pointers and hounds: if you want to come, hurry up, for it's time to get going. Blow the horn, master of the hunt! Come on! hurry, hurry, hurry!

Come Balzan, come Lion, Come Fasaz, come Falcon, Come Tristan, come Bigon, Come Alan, come Carbon. Call the hounds from the hills, you dunce! Come Pezole, come Spagnolo, keep your eyes on the hart. You, Bigeto, and you, Pasalingua, look there, look there, put it around your neck, so that the dogs do not tear it to pieces.

> Translation of Dulces exuvie after H. R. Fairclough All other texts translated by Scott Metcalfe

# the instruments

RENAISSANCE RECORDERS by Bob Marvin, 2008 DOUÇAINES after Mary Rose instruments by Philip & Gayle Neuman, 2007 6-COURSE RENAISSANCE LUTE by Jacob Mariani, 2023, after Pierantonio Palmerini 26-STRING BRAY HARP by Lynne Lewandowski, 2010 FIDDLE by Karl Dennis, 2015 / Bow by David Hawthorne, 2011 VIHUELA DE ARCO by Roland Suits, 2019, after Lorenzo Costa





#### ABOVE

Vihuela de arco: Lorenzo Costa, *The Ghedini Altarpiece, Madonna and Child enthroned with SS. Augustine, Posidonius, John and Francis* (1497), San Giovanni in Monte, Bologna

#### LEFT

Lute: Pierantonio Palmerini, *Madonna and Child and saints* (1532-35), Museo Diocesano Albani, Urbino

RIGHT Lute by Jacob Mariani, 2023





# The World of Isabella d'Este

Leonardo da Vinci, *Portrait of Isabella d'Este*, 1499-1500, Musée du Louvre, Paris

SABELLA D'ESTE was born in 1474, the eldest child of Ercole d'Este, duke of Ferrara, and his wife, Eleonora d'Aragona. Isabella's betrothal to Francesco Gonzaga, the future Marquis of Mantua, was negotiated in 1480 when she was just six years old. Over the next ten years, Isabella and her intended developed an intellectual friendship through the exchange of letters, sonnets, and little songs. Their wedding in 1490 was an elaborate, formal display of their families' wealth and political power. Before the ceremony, the teen-aged Isabella paraded through the streets of Mantua on horseback, bedecked in gold and jewels, and she rode an opulently-fashioned barge up the Po and Mincio rivers from Ferrara to Mantua to assume her position as Marchioness.

UNLIKE MOST YOUNG GIRLS born during this time, Isabella benefitted from an exceptional humanist education. Baldassare Castiglione wrote in *Il Cortegiano* (*The Book of the Courtier*) that a gentleman could not claim to be well-educated "unless he [was] also a musician and unless as well as understanding and being able to read music he [could also] play several instruments." As one of the liberal arts, music was suitable for "studious leisure ... and [as a] vehicle for expressing the successful balance of the active and the contemplative that characterized a great prince."

Castiglione saw music as virtuous for men, but women found themselves in tricker territory. For them, musical pursuits threatened to take on connotations of idleness, frivolity, or even the incitement of lust. As a result, Castiglione suggested that women must be "coaxed" to perform rather than volunteer, and should begin "with a certain shyness, suggesting the dignified modesty that brazen women cannot understand."

Though subject to the confining cultural mores of a deeply patriarchal society, Isabella defied many of the conventions of her day. She was a woman of great intellectual and artistic accomplishment and a tastemaker whose influence extended from textiles and jewelry to music, poetry, and visual art. Today's program explores the sound of her world and her cultural influence in early sixteenth-century Italy.

#### Contemplation: the studiolo

A conception of the study of music and poetry as an intellectual pursuit, rather than simply for pleasure or rec-

noted, "her abilities, if contemporaneous accounts are to be believed, were outstanding not in the simple fact that she was a moderately proficient amateur musician, but in the degree of her accomplishments and in the central role music took in her life."

Once installed in Mantua, Isabella quickly wrote to her father to send for her music tutors, Girolamo da Sextula and Johannes Martini (a native of the southern Low Countries, despite his Italianized last name), and set about establishing a musical household at the ducal palace in Mantua, complete with her own chamber musicians and an instrument collection. All told, she hired twelve new musicians for the Mantuan court.

Inspired by the personal "studios" of her father and brothers, she also began a lifelong project to design and decorate her own study, or *studiolo*. Centuries before Virginia Woolf penned *A Room of One's Own*, Isabella created a space within her apartments in the Castello San Giorgio to write, reflect, practice, and host intimate musical performances. The *studiolo* projected her values, preferences, and aesthetic sensibilities — "a crafted exterior to convey a positive impression of one's interior character and virtue."

Isabella's studiolo (and the grotta or treasury below

it) was covered wall-

to-wall with paintings

she commissioned to

reflect her sense of self:

she identified with the

Muses, with Minerva,

the goddess of war

and reason, and oth-

ers. Wainscotting inlaid

with musical designs surrounded the paint-

ings and frescoes, and

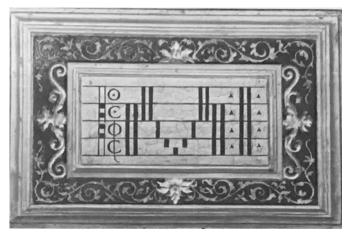
the ceiling sported fur-

ther decoration. Isabella

adopted a cryptic

music-inspired design

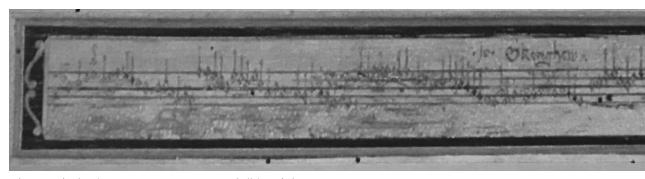
reation, was important for Isabella and her peers. There are clear indications that Isabella could read music; she insisted on regular singing lessons with a teacher she liked. and she was collecting songs early in her marriage. (An inventory of her library, compiled after her death. includes a book of "French



Isabella's musical impresa, from the ceiling of her grotta

songs, with music": you will hear several examples of these on our program.) As the scholar William Prizer

known as the *impresa delle pause* (the emblem of the rests) as her personal device. Inlaid in the ceiling of the



Johannes Okeghem's Prenez sur moi: intarsia in Isabella's studiolo

grotta and comprising a combination of a clef, mensuration signs, rests, and repeats, the *impresa*'s precise meaning has been the subject of much debate. Her future secretary Mario Equicola suggested it signified Isabella's prudence, describing an image ingeniously devised "with all the rests of practical music, which admonish us and say in a lively voice, *ad tempo taci* ('keep silent at the right time')."

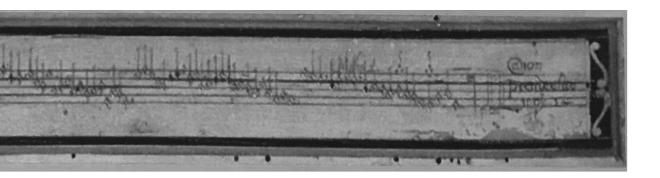
Not only the *impresa* but actual pieces of music were inlaid as decorations in Isabella's *studiolo*, including the piece that opens our program, Johannes Okeghem's *Prenez sur moi*, a three-voice canon at the upper fourth in which each voice sings "a modally differentiated version of the same melody," in Peter Urquhart's apt description.

Just as the walls and ceiling were a reflection of Isabella's tastes and interests, Heinrich Isaac's *La mi la sol* is the musical equivalent of an "infinity mirror." Isaac takes an elementary four-note pattern solmized *la mi la sol* (the notes  $A \ E \ A \ G$  or  $E \ B \ E \ D$  in this instance) and turns it into an extended fantasy. The prevailing motive is sounded as a *cantus firmus* in the tenor, both forwards and turned back on itself (*la sol la mi*), reduced in duration by half at every repeat; it also permeates the other three parts.

Our first set closes with a piece exemplary of both Isabella's prudent faith ("In you, Lord, have I placed my hope") and her stewardship of a new, native Italian form of lyric text setting, the *frottola*. The frottola, in contrast to the elaborately polyphonic French chansons which were the predominant form of composed and notated secular vocal music in fifteenth-century Italy, features a gracefully simple melody set above accompanying lower parts that are essentially decorated chord progressions; the piece was repeated as needed to accommodate any number of strophes. This first frottola on the program is ascribed to one Josquin Dascanio, who may or may well not be identical to Josquin Desprez.

#### Sprezzatura

Rigor and ease are the yin and yang of sprezzatura, a term coined by Castiglione to describe courtiers whose objective was to "play a carefully constructed role while appearing natural and at ease." Sprezzatura means making something difficult look and sound effortless. Josquin Desprez's three-voice instrumental fantasy La Bernardina embodies playfulness: it is full of rhythmic syncopations while exploring myriad permutations of a musical scale. (Unlike In te domine speravi, this piece probably is by the famous Josquin.) By comparison, Jacob Obrecht's Fuga is more of an intellectual exercise on both micro and macro levels, yet it still sounds virtuosic and exciting. This four-voice fugue is derived from just one notated voice and the three upper voices imitate each other at the shortest of intervals. The lowest, slow-moving voice is generated by sounding only the longest note values of the upper parts, an octave lower and at one-sixth the speed. Finally, Bartolomeo Tromboncino's Ostinato vo seguire echoes the yin and



yang of sprezzatura as the obstinately repeated pitches of the melody contrast with easy, flowing scales and delightful syncopations in the accompanying voices.

#### Patronage

Beyond the confines of her studiolo, Isabella asserted her sense of taste and established her reputation through dress, portraiture, paintings, and direct support of music, musicians, and artists of all kinds. Among the painters she employed were Giovanni Bellini, Raphael, Titian, and Leonardo da Vinci; her rooms were decorated with paintings by Andrea Mantegna, Pietro Perugino, Lorenzo Costa, and Antonio da Correggio, and she hired Michelangelo, Giancristoforo Romano, and Antonio Lombardo to sculpt for her. She engaged in long-running correspondence with writers like Pietro Bembo, Baldassare Castiglione, and Pietro Aretino, among many others. In music, Isabella contracted the composers Bartolemeo Tromboncino and Marchetto Cara to write music for her to enjoy as both a performer and listener. Among the musicians she hired for the Mantuan court were several women, including Cara's wife, the famed singer Giovanna Moreschi.

Most of the works on today's program are drawn directly from music manuscripts that Isabella commissioned or knew, including a large untexted songbook, known today as the Casanatense Chansonnier, thought to be compiled by Martini and used by the court wind band, and a songbook copied in Mantua in 1502 that contains mostly Italian frottole (Paris, Bibliothèque nationale, Rés. Vm7 676). Singers and composers from north of the alps (so-called *oltremontani*) also found work and patronage at the Este court in Ferrara (Josquin, Obrecht, *et al.*) or other Italian courts (including Isaac at the Medici court in Florence).

#### Love & politics

By all accounts, the marriage between Isabella and Francesco was a happy one, buoyed by their shared intellectual and cultural values. Still, Francesco was the Captain General of the Venetian armies, leaving Isabella alone for long stretches of time in Mantua. Francesco's absences during military campaigns gave Isabella remarkable political power in Mantua and over life at court.

When Francesco was captured and imprisoned in Venice in 1509 until 1512, Isabella took control of the Mantuan military, fending off would-be invaders and revealing a shrewd and strategic mind. Indeed, she was so successful in this new, political role that Francesco reacted angrily when he finally returned from imprisonment. Their bond fractured by his jealousy, Isabella traveled extensively through Italy to avoid her embittered husband, returning to the Mantuan court only after his death in 1519.

After the death of Francesco, Isabella flexed her powers as regent for her young son Federico, working to advance Mantua's interests by securing politically savvy betrothals for her children and hosting important détentes with Urbino and Venice.

Music was a balm for Isabella as leader and diplomat. Comparing her to Juno, Minerva, and Venus, Mario Equicola (Isabella's Latin tutor and secretary from 1508), remarked "on her care for the citizens of Mantua," but noted, "when she rests at all from economic and political business, she takes up the lute and sings heroic poems with melodic and rhythmic composition, and the wonderful singing skill carries off, as if windborne, the mournful poems." One of the works in her repertoire was a setting of Dido's last words from *Aeneid*, "Dulces exuvie"; Isabella's performance of the lament evoked rapturous praise in a Latin elegy by Castiglione, "On Elisabella Gonzaga Singing." (The nickname Elisabella suggestively combines Isabella with Elisa, Dido's Phoenician name.)

Dulces exuviæ dum fata deusque sinebant	"O relics once dear, while Fate and God allowed":
Dum canit et quaerulum pollice tangit ebur	while she sings and plays the plaintive ivory with her finger,
Formosa e coelo deducit Elisa tonantem	the beautiful Elisa brings sound down from heaven
Et trahit immites ad pia verba feras	and draws the wild beast to her virtuous words.
Auritae veniunt ad dulcia carmina sylvæ	The long-eared underwood will come to her sweet songs,
Decurrunt altis undique saxa jugis	from everywhere the rocks will hasten down from the hills;
Stant sine murmure aquæ taciti sine flamine venti	the waters stand still without a murmur, the winds fall silent without a gust,
Et cohibent cursus sidera prona suos.	and the setting stars halt their course.
	(translation after William Prizer)

The text *Dulces exuvie* will be familiar to those who attended Blue Heron's February concert, which included polyphonic settings by Josquin, De Orto, Ghiselin, Mouton, and Agricola. Isabella's *Dulces exuvie* was quite likely the anonymous frottola you will hear this afternoon, whose composer, as William Prizer suggests, may have been Marchetto Cara.

In Antoine Busnoys's *En soustenant vostre querelle*, the speaker boasts of being willing to die a cruel death in defending a lady's cause, while the theme of the poem that may have been set by Busnoys in *Le monde est tel pour le present* (the sole manuscript copy lacks text, and it cannot be said that the poem with the same first line, found only in a poetic source, can be fitted to the music with ease) is overtly political and disconcertingly contemporary: "The world is in such a state at present / that he who would succeed in it / must abandon virtue and embrace vice." Meanwhile, Tromboncino's *Ala guerra*, its repeated motive on "ala guerra" evoking a battery of arrows, uses combat as a metaphor for conquests of the heart.

#### Private pleasures

Isabella primarily patronized music that she herself was interested in performing. As a child, she took up the lute, which she continued to study throughout adulthood, along with keyboard and singing. Tromboncino and Cara were both singer-lutenists; they not only provided Isabella with entertainment, but supported her music-making by composing hundreds of songs set to Italian poetic forms including the sonnet, ode, madrigal, and *strambotto*. Isabella's performances won great acclaim from her contemporaries. As Bernardo Accolti recalled in a 1502 letter: "Where do music, song, liberality, plays, and Tuscan compositions flourish with wondrous novelty in a woman of such nobility and intelligence, who cannot only judge those things but also perfectly compose and perfectly sing to the viola or lute?"

Isabella also played the vibuela de mano (a plucked instrument shaped like a guitar but tuned like a lute), which may have inspired an interest in the vihuela de arco, an instrument of Spanish origin known in Italy from at least 1480. In addition, Isabella ordered a lira da braccio in 1493 and in 1495 purchased a consort of three viols, newly fashionable instruments that had only recently arrived in Italy with refugees fleeing the Spanish Inquisition.

Dancing was another vital outlet for Isabella's display, as well as recreation. She was a childhood protegé of Guglielmo Ebreo da Pesaro, a Jewish Italian dancing master at various courts including Ferrara and the author of the influential 1463 treatise *De pratica seu arte tripudii* (On the Practice or Art of Dancing). Besides instructions, Pesaro's treatise includes music for over twenty dances. Iconography and other descriptions suggest that a three- or four-member band accompanied dancing, but the surviving music records just a simple, single-line tune. Pesaro's two-voice *Falla con misuras*  and the anonymous four-voice setting of *La Spagna* are rare notated examples of how musicians might have rendered these dance tunes. Our performances of the dances *Gelosia* and *Gracioso* combine improvisation and composition in historical style.

#### Celebration

Under Isabella's curatorial leadership, Mantua became a rich cultural center, home to some of the most important artists, musicians, and poets of the Renaissance. While during her lifetime she was respected as a keen military

strategist and politician, she is best remembered today for her patronage of the arts.

The final set of our program returns to the optimism and opulence that Isabella worked so hard to project in her patronage and personal artistry. The lighthearted rhythms of Alessandro Montovano's *Chi se pasce di speranza*, alternating between triple and duple, project hope in the face of challenges, while *Ala cazza* (an anonymous song drawn from a personal songbook) celebrates a recreational hunting excursion.

Debra Nagy, Hannah De Priest & Scott Metcalfe

Gian Cristoforo Romano, Portrait Medal of Isabella d'Este, 1495-98, Kunsthistorisches Museum, Vienna

# Blue Heron

BLUE HERON HAS BEEN ACCLAIMED by *The Boston Globe* as "one of the Boston music community's indispensables" and hailed by Alex Ross in *The New Yorker* for its "expressive intensity." The ensemble ranges over a wide repertoire from plainchant to new music, with particular specialities in 15th-century Franco-Flemish polyphony and early 16th-century English sacred music, and is committed to vivid live performance informed by the study of original source materials and historical performance practices.

Founded in 1999, Blue Heron presents a concert series in Cambridge, Massachusetts, and has appeared at the Boston Early Music Festival; in New York City at Music Before 1800, The Cloisters (Metropolitan Museum of Art), and the 92nd Street Y; at the Library of Congress, the National Gallery of Art, and Dumbarton Oaks in Washington, D.C.; at the Berkeley Early Music Festival; at Yale University and the University of California, Davis; in Chicago, Cleveland, Kansas City, Milwaukee, Montreal, Pittsburgh, Philadelphia, Providence, St. Louis, San Luis Obispo, Seattle, and Vancouver; and in England, Germany, and Belgium. Blue Heron has been in residence at the Center for Early Music Studies at Boston University and at Boston College, and has enjoyed collaborations with A Far Cry, Dark

Horse Consort, Les Délices, Parthenia, Piffaro, and Ensemble Plus Ultra.

Blue Heron's first CD, featuring music by Guillaume Du Fay, was released in 2007. Between 2010 and 2017 the ensemble issued a 5-CD series of Music from the Peterhouse Partbooks (now available as a set entitled The Lost Music of Canterbury), including many world premiere recordings of works copied around 1540 for Canterbury Cathedral and restored by Nick Sandon; the fifth CD was awarded the 2018 Gramophone Classical Music Award for Early Music. Jessie Ann Owens and Blue Heron won the 2015 Noah Greenberg Award from the American Musicological Society to support the world premiere recording of Cipriano de Rore's I madrigali a cinque voci, which was released in 2019. In



PHOTO: LIZ LINDER

2015 Blue Heron inaugurated Ockeghem@600, a multi-season project to commemorate the circa-600th birthday of Johannes Ockeghem (c. 1420-1497) by performing his complete works, finishing up in 2023. A parallel project to record all of Ockeghem's songs bore its first fruits in 2019 with the release of Johannes Ockeghem: Complete Songs, Volume I, which was named to the Bestenliste of the Preis der deutschen Schallplattenkritik; Volume 2 will follow in 2023. Blue Heron's recordings also include a CD accompanying Thomas Forrest Kelly's book *Capturing Music: The Story of Notation,* the live recording *Christmas in Medieval England,* a compilation of medieval songs entitled A 14th-Century Salmagundi, and (in collaboration with Les Délices) a live recording of a concert production of Guillaume de Machaut's *Remede de Fortune.* 



Anna Danilevskaia, a specialist in repertoires from the fourteenth to the seventeenth centuries, was born into a family of musicians. She grew up surrounded by early music, specifically medieval repertoires, in Metz, France, and began her musical training at the age of six, playing different instru-

ments. At the age of fifteen she started to play the fiddle and, shortly after, the viola da gamba. She studied with Pedro Memelsdorff in Barcelona, and later at the Schola Cantorum Basiliensis, focusing on medieval fiddle. She then completed her studies with a master's degree in early viols with Paolo Pandolfo. In 2014 she founded her own group, Sollazzo, dedicated to the music of the Middle Ages and the early Renaissance. This first project as an ensemble director led Anna to explore different ways of approaching her chosen repertoire and allowed her to develop a musical language which has been called "unique, daring and yet respectful" by critics.



Professor **Sean Gallagher** of the New England Conservatory, preconcert speaker and musicological advisor for *Ockeghem@600*, is a music historian and pianist whose research focuses on music and culture in Italy, France, and the Low Countries during the "long fifteenth century" (ca. 1380–1520). He has pub-

lished articles on an array of subjects and is the author or editor of five books. Active as a pianist, he regularly presents lecture-recitals on a variety of topics that span much of the history of Western music. He is the recipient of a Ryskamp Fellowship from the American Council of Learned Societies and the Phi Beta Kappa Prize at Harvard for excellence in teaching, and is the first music historian to be inducted into Johns Hopkins University's Society of Scholars. He has worked closely with leading vocal ensembles, including Blue Heron and The Clerks (dir. Edward Wickham), for whose recording *Johannes*  *Regis: Opera omnia* he served as advisor. He is currently editing the chansons of Firminus Caron, to be published in the series *Corpus Mensurabilis Musicae*.



Reviewers have praised Jason McStoots as having an "alluring tenor voice" (*ArtsFuse*) and as "the consummate artist, wielding not just a sweet tone but also incredible technique and impeccable pronunciation" (*Cleveland Plain Dealer*). In 2015 he won a Grammy award in Opera with the Boston Early Music Festival

(BEMF) for their recording of works by Charpentier. His recent stage appearances in period-style baroque opera with BEMF include Le Jeu in Les plaisirs de Versailles by Charpentier, Apollo in Monteverdi's Orfeo, and Eumete and Giove in Monteverdi's Il ritorno d'Ulisse in patria. Other recent solo performances include Pedrillo in Mozart's Abduction from the Seraglio, Bach's Christmas Oratorio and St. Mark Passion with Emmanuel Music, and Monteverdi's Vespers of 1610 with the Green Mountain Project. He has appeared with Boston Lyric Opera, Pacific MusicWorks, Boston Camerata, TENET, San Juan Symphony, The Bach Ensemble, Pablo Casals Festival, Early Music Guild of Seattle, Tragicomedia, and the Tanglewood Music Center. He is a core member of Blue Heron and can be heard on all their recordings. With BEMF, he appears on recordings of Lully's Psyché (nominated for a Grammy), Handel's Acis and Galatea (as Damon), John Blow's Venus and Adonis (soloist), and Charpentier's Actéon (as Orphée).



Scott Metcalfe is widely recognized as one of North America's leading specialists in music from the fifteenth through seventeenth centuries and beyond. Musical and artistic director of Blue Heron since its founding in 1999, he was music director of New York City's Green Mountain Project from 2010-19 and has

been guest director of TENET (New York), the Handel & Haydn Society (Boston), Emmanuel Music (Boston), the Toronto Consort, The Tudor Choir and Seattle Baroque, Pacific Baroque Orchestra (Vancouver, BC), Quire Cleveland, and the Dryden Ensemble (Princeton, NJ), in music ranging from Machaut to Bach and Handel. He also enjoys a career as a baroque violinist, playing with Les Délices (dir. Debra Nagy), L'Harmonie des Saisons (dir. Eric Milnes), and other ensembles. Metcalfe's scholarly work, centered on the historical performance practice of medieval and Renaissance vocal music, has been published in numerous program and recording notes, and he is the author of two essays in a still-forthcoming book on the Peterhouse partbooks and two articles (one out this month and another forthcoming) in the Journal of the Alamire Foundation. He has edited music by Francisco de Peñalosa for Antico Edition (UK) and songs from the recently rediscovered Leuven chansonnier for the Alamire Foundation (Belgium); a long-term project is a new edition of the songs of Gilles Binchois (c. 1400-1460). He has taught at Boston University and Harvard University, served as director of the baroque orchestra at Oberlin Conservatory, and been a visiting member of the faculty of Music History at the New England Conservatory. He received a bachelor's degree from Brown University (1985), where he majored in biology, and a master's degree in historical performance practice from Harvard (2005).



Praised for her "warm, colorful mezzo" (Opera News), **Sophie Michaux** has become one of the Northeast's most versatile and compelling singers, at home in an eclectic span of repertoire ranging from grand opera to French cabaret songs. Sophie's recent engagements include collaborations with the

Boston Early Music Festival, Blue Heron, Lorelei Ensemble, Bach Collegium San Diego, Palaver Strings, and Ruckus, as well as a solo recital of Barbara Strozzi's music at the Fondazione Cini in Venice, Italy. She won second prize at the 2021 Handel Aria Competition in Madison, Wisconsin, and the William Grogan Award at the 2022 Lyndon Woodside Oratorio-Solo competition. She has sung under the baton of Andris Nelsons, Thomas Adès, Leonardo García Alarcón, and Lidiya Yankovskaya, among others. This season, she will premiere Her Story by Julia Wolfe with the Lorelei Ensemble and the Boston, Chicago, Nashville, and San Francisco Symphony Orchestras.



Debra Nagy has been deemed an artist "of consummate taste and expressivity" (*Cleveland Plain Dealer*). She is the founder of the Cleveland-based ensemble Les Délices and plays principal oboe with the Handel & Haydn Society, Apollo's Fire, and many other ensembles. Inspired by a creative process that brings

together research, composition in historical styles, improvisation, and artistic collaboration, Debra creates programs that "can't help but get one listening and thinking in fresh ways" (*San Francisco Classical Voice*). Recent projects have included a multimedia production of Machaut's *Remede de Fortune* created in collaboration with Blue Heron, a critically-acclaimed CD combining jazz and French Baroque airs called *Songs without Words*, and *The White Cat*, a pastiche Baroque opera with puppetry and projections based on Marie Catherine d'Aulnoy's 16905 feminist fairytale. Debra was recently recognized with a 2022 Cleveland Arts Prize and received the 2022 Laurette Goldberg Prize from Early Music America for her community outreach work with Les Délices on the web series SalonEra. Debra has recorded over 40 CDs with repertoire ranging from 1300-1800 and has had live performances featured on CBC Radio Canada, Klara (Belgium), NPR's Performance Today, WQXR, and WGBH. When not rehearsing, performing, or dreaming up new projects, Debra can be found cooking up a storm in her kitchen or commuting by bike from her home in Cleveland's historic Ohio City neighborhood.



Emma-Lisa Roux discovered the Renaissance lute at the age of six with her first teacher, Claire Antonini, who also introduced her to singing. Her growing passion for Renaissance music led her to study the lute at the Schola Cantorum Basiliensis, where she completed her Bachelor's degree with Hopkinson

Smith in 2018, her Master's degree with Peter Croton in early 2021, and her Master of Pedagogy in June 2022. She focuses on repertoire from the 15th to the 17th centuries, performing in Europe with ensembles such as Ensemble Phoenix Munich, Phaedrus, Per-Sonat, and the Casulana Lute Consort, as a lute player or a singing lutenist. Emma-Lisa also regularly performs alone on stage with her program "Singing to the lute" (Italian madrigals and French songs of the 16th century).

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# BLUE 25<sup>™</sup>Anniversary HERON Campaign

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SINCE ITS INCEPTION IN 1999, Blue Heron has earned recognition as North America's leading early music vocal ensemble. Now acclaimed internationally, having won the 2018 Gramophone Classical Music Award for Early Music and the 2020 *Bestenliste* (Quarterly Critics' Choice) of the prestigious *Preis der deutschen Schallplattenkritik* (German Record Critics' Award), Blue Heron looks to the future with confidence and excitement.

Buoyed by your generous support of our previous campaign, we are now launching our 25th Anniversary Campaign. This campaign has a **goal of \$400,000** and reaffirms that Blue Heron's mission and highest priority is live performance. With your support, we will build on our successes with the following goals:

Making our music more accessible to a wider and more diverse audience

Sharing the expertise we have acquired by training the next generation of musicians

Building upon our worldwide reach through our online presence and in international festivals and other prestigious venues and platforms

Maintaining a regular schedule of CD releases

Fortifying our financial and administrative position for the long term

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#### Acknowledgments

BLUE HERON'S EXISTENCE is made possible through the devotion, hard work, and financial support of a large community of musicians, staff, board members, volunteers, donors, and concertgoers. Many thanks to all those who join us in creating, nurturing, and sustaining an organization dedicated to making the music of the past come alive in the 21st century.

We are extraordinarily fortunate to work with a slate of talented, skilled, and devoted designers, engineers, videographers, and photographers. Our concerts are recorded Joel Gordon. Joel is also the engineer for our CDs, and our producer is Eric Milnes. Kathy Wittman (Ball Square Films) is our videographer. Our programs, printed publicity materials, and CDs are designed by John Kramer. FlashPrint in Harvard Square prints our programs. Erik Bertrand built our website and keeps it functioning properly. Liz Linder is our photographer. Our debt to these wonderful people who have shaped our look and sound is impossible to overstate.

We are very grateful to the gracious hosts who offer their hospitality to musicians from out of town. This week we extend our gratitude to Ruth McKay and Don Campbell, Laura Jeppesen and Daniel Stepner, and Kate van Orden.

Many thanks to our board and to all our dedicated volunteers for their help in person, at this concert, and always.

We are honored and grateful to have so many generous donors. Thank you!

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A carbon offset is a credit that an organization can buy to mitigate its carbon footprint, defined as the greenhouse gas emissions produced in the course of its activities. The money is used to fund action somewhere in the world that removes the same amount of carbon out of the air or prevents carbon emissions. When the quantity of carbon offsets obtained is equal to an organization's carbon footprint, the organization is said to be "carbon-neutral"; an additional 50% of credits could be considered to make the organization "carbon-negative."

Blue Heron has calculated its carbon footprint for travel (planes, trains, and cars) and building emissions (rehearsal and performance venues) using Clear (www. clear.eco), an online calculator which has obtained the most stringent certifications. The total to make us carbon-neutral for the 2022-23 season is \$1,110. Thus far, donations from members of the Blue Heron community for a total of \$750 have been made in honor of Blue Heron to HEET (www.heet.org), a local organization working to create renewable energy infrastructure around Boston.

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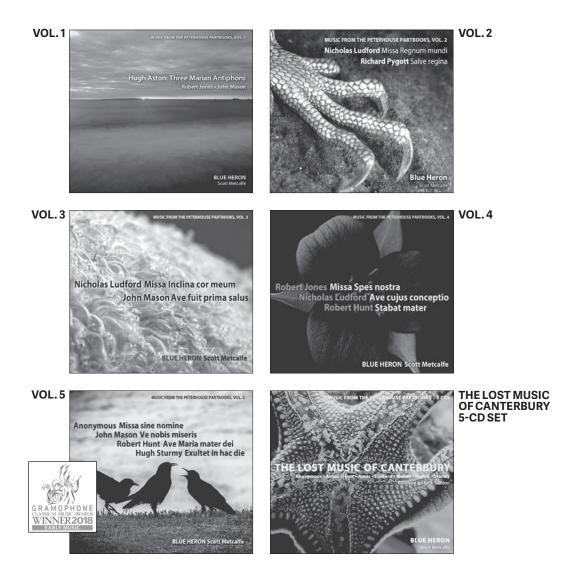
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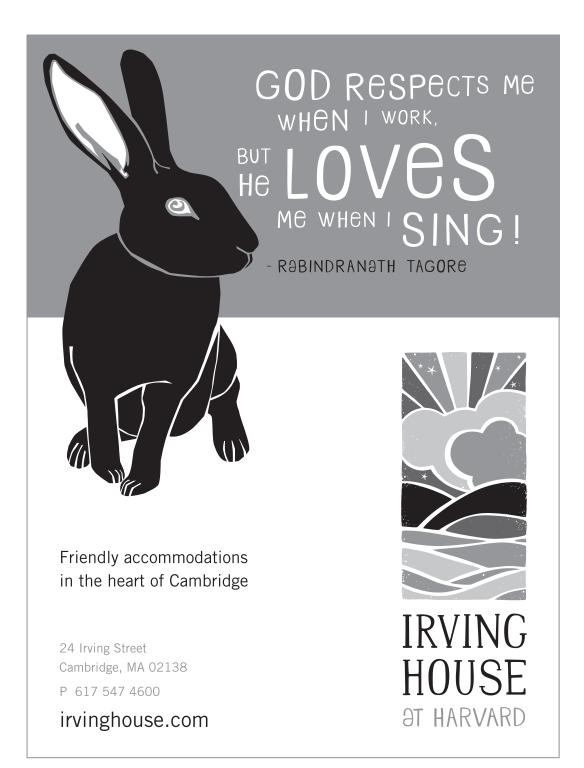
January 15—Twelfth Night MB1800 debut Aminta e Fillide

February 5—Les Délices Winds of Change

February 19—Blue Heron Un Petrarchino cantata: Petrarch's Canzoniere in Song

April 16—Cappella Pratensis Canons of Beauty: Josquin and Mouton

May 7—Tiburtina Ensemble American debut Celestial Harmony: Music for the Heavenly Court by Hildegard of Bingen



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Fortuna & Fama Fortuna. Heliogravure of an engraving by Hans-Sebald Beham, 1541. Wellcome Images, Wellcome Trust; licensed under Creative Commons Attribution 4.0 International.

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**Songs & Dances for Isabella** Detail from Lorenzo Costa, *Allegory of Isabella d'Este's Coronation* (c. 1505 for Isabella's studiolo in Mantua). Paris, Musée du Louvre. Wikimedia Commons.

### Handel: Dixit Dominus

#### Bach: Christ lag in Todes Banden

Sonia DuToit Tengblad, soprano Kristen Watson, soprano Emily Marvosh, contralto Matthew Anderson, tenor David McFerrin, baritone with Baroque orchestra

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